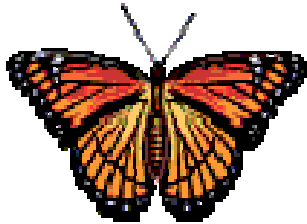


# Monarch Laser & Wellness Centre

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## Laser Treatments

### Frequently Asked Questions

#### **What type of lasers do you use?**

We have a state-of-the art Palomar Star Lux which has the ability to perform both IPL (intense pulsed light) treatments and laser treatments. For tattoo removal we have the latest laser from Cynosure called the Affinity. For skin resurfacing and skin tightening we have the Cynosure Affirm.

#### **What type of conditions can you treat?**

We can effectively treat facial veins; permanently reduce hair growth; lighten and remove pigmented lesions; reduce mild to moderate acne; effectively treat rosacea; reduce scars and sun damaged skin; even out skin colour and improve skin texture. Our lasers can also remove and/or lighten tattoos. Our Affirm can reduce fine lines, scars and acne marked skin and at the same time tightens and stimulates new collagen formation.

#### **Are there side effects of treatment?**

The most common side effects are redness, discomfort and a mild stinging sensation. Pigmented lesions will look darker initially and then fade. Occasionally there can be some blistering. Some swelling can occur after Affirm laser treatments which resolve within a few days. With tattoo removal there can be some bleeding and scabbing. Rare side effects that can occur include infection and scarring but we aim to minimize these side effects the best we can.

#### **How do I prepare for the treatment?**

The treated area should be clean and pre-shaved for hair removal. Avoid tanning for a month before and after laser treatments.

#### **Do the treatments hurt?**

The degree of pain varies from person to person and area to area. Most clients feel some stinging and discomfort during the treatment. Topical anesthetics can be used. The Star Lux is one of the most comfortable lasers on the market. Taking some ibuprofen (Advil® or Tylenol®) prior to treatment can help.

#### **How many treatments will I require?**

Of course this depends on the area treated; however, our lasers are among the best and are therefore more effective than many lasers used by others. You will require fewer treatments and in the long run save money and time.