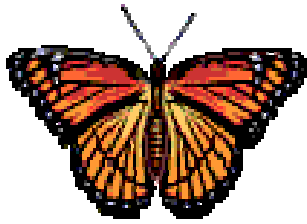


Monarch Laser & Wellness Centre

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VITALIZE® PEEL Frequently Asked Questions

What does a Vitalize® Peel do?

A Vitalize® Peel will help to even out skin tone, texture, lighten pigment and reduce acne scarring. It is a great way to eliminate sun damaged skin and restore a healthy glow.

What areas are most often treated?

Generally the face, neck and upper chest are treated. However arms, hands and even legs can be treated.

What skin type can this peel treat?

Any skin type (light to black) can be treated safely with a Vitalize® peel.

What skin conditions benefit most?

Those with acne scarring and pigment changes benefit most from the Vitalize® peel.

How many peels will I require?

While you will see some improvements after one peel, a series of 6 is recommended to see the most benefit. These should be spaced every 4 to 6 weeks.

What are the most common side effects?

Generally you will look mildly red and your face will feel warm. You may experience the sensation of mild burning, stinging, itching, and tightness. You will peel after the 2nd day for about 3 to 7 days but occasionally longer. Some people react differently and will become very red, blister, swell and later scab and crust.

Are there other side effects?

Rarely, someone may have an allergic reaction to the solution. This peel should be avoided by those allergic to **ASA, vitamin A, or alcohol**. If you are prone to cold sores, you may experience a reactivation (an antiviral may be prescribed to you to prevent this). Rarely, some individuals can develop temporary or permanent skin colour changes.

Can I get a peel if I am pregnant or breastfeeding?

No, it is recommended to avoid this peel during this time.

How do I prepare for a Vitalize® Peel?

It is recommended to stop using any lightening creams (hydroquinone), cleansers containing benzoyl peroxide or glycolic acid and retin-A creams for about ONE WEEK prior to the peel. Avoid tanning, waxing or laser treatments for about a month prior.

What is the cost?

One peel is \$125 (face only)

A package of 3 is \$300